

RINGWOOD SPIDERS

ALL-ABILITIES SPORTS CLUB

DEVELOPING LIVES



TROPHY PRESENTATION 2018



Welcome All



This year has been a great year... Not if you count the number of games won, as we fell a bit short there, but in everything else the club does and represents, it has been great. Why?

Well, this year we have a great group of players, a fantastic group of Juniors, wonderful helpers and parents that get involved, and great sponsors and community partners; everyone. Thank you all.

It takes a lot of work to run a club such as ours and as a committee we are especially grateful to Chairman Paul House who has put in an enormous amount of work in many areas this year, including taking an active role in the development of our competition with the VFFL.

He has been a positive driving force and is to be commended. Thanks Paul.

As mentioned, we have great support of our sponsors and community partners who provide the funds and services that enable us to provide all we do at a cost our players can afford. What does this mean?

With the support of LJ Hooker, each player received a sports bag for their footy gear; our Juniors received a polo shirt and backpack thanks to Printer Services, and recently each player also received a training top thanks to Simultech Australia, which do look great. Thank you all.

Council support us with ground fees, Bendigo Bank with the use of their community bus and Bunnings Ringwood enable us to hold sausage sizzles so a few of us can give up the odd Saturday to raise funds for the club and the benefit of every player. MPs Michael Sukkar and Dee Ryall support us with donations which also benefit us.

So please enjoy the evening, have a laugh and take a moment to appreciate being part of this wonderful group.

Ringwood Spiders Committee



Year in Review; Chairman's Report

It was another busy year for the Spiders with many things happening. Looking back, it gives me great pleasure to see the players coming together and maturing as individuals and as a team.

The coaching and training team turned up the pressure on training night and no player was spared... our focus was on the natural skills of each player and using that skill to their advantage. By looking at the competition, understanding each player's weakness and their potential, we were able to play an improved game.

It was great to see at our last game, with most of the team playing, that each played their best against a very tough competitor. The scoreboard may not have been in our favour, but the Spiders spirit and determination showed through, and three quarter time proved that. The team was 'pumped' with what they could do under pressure.

The message of 'not giving up' and 'playing to your best' was not lost by the team.

A special training night and sausage sizzle with the EFLUA (EFL Umpires Association) was another great success.

We pride our team on the respect that they show both on and off the field, and our strong relationship with the EFLUA which helps foster that respect and this respect will continue to grow.



As a club within the VFFL-FIDA competition, we are one of the well-respected teams. We continue to play competitive sport and most importantly we play 'in the spirit of the game'. But it is also about achieving something; bonding with a team, friendships and having fun.

We congratulate the players for their efforts throughout the year. 'That first mark, kicking that first goal' seeing how the rest of the team reacts... is priceless.

Ringwood Spiders All-abilities Sports Club's Vision:

'To provide and promote active participation in community sport and social activities for people with a disability',

Ringwood Spiders All-abilities Sports Club Mission Statement:

'To provide people with a disability an opportunity to interact, participate and build social skills and leadership within the community'

Our senior players continue to work on their skills as well as support and encourage the other players requiring that little extra help; this is very rewarding for the whole club.

We are more than a football club, we also help develop lives. Our juniors also had a great year, coached by Cathy McDonald and with the help and support from Gavin and Sue Ross. Many parents participated in the training and enjoyed a real community spirit with their kids.



Seeing the juniors practicing their skills and keeping fit, we as a club benefit from this great program. And yes, seeing everyone having fun.

Our Netball team playing in the Eastern All Abilities Netball has continued to develop and grow. As a partner to the Whitehorse Netball Association and with the support of SportLink in Vermont South, the future potential growth is huge. But this doesn't just happen without the drive and support of Sue and Kelly Ross.

The Spiders gratefully acknowledge the ongoing and valuable support of our Sponsors and Community Partners: LJ Hooker, Printer Services, Simultech Australia and Bendigo Bank East Ringwood. Their support allows us to wear our colours, travel to the games together, and helps subsidise our activities.

The support also from Dee Ryall State MP, and Michael Sukkar Federal MP is also invaluable and we thank them sincerely for their continued support.

Of particular note, I would like to sincerely thank Maroondah Council and in particular Mayor Nora Lamont, Councillor Tony Dibb and many of Council's professional and supportive staff, without whom we could not exist.

Jubilee Park is looking magnificent thanks to the efforts of Council, the Redbacks and RAMs cricket club that we share the facility with, and we are proud to be part of such a wonderful facility, which will only get better over the next year or two.

For the second year in a row Bunnings Ringwood has been one of our Community Partners. Supporting us with a number of sausage sizzle allocations as well providing raffle donations to support our functions. The Ringwood store isn't as big as some of the other Bunnings around, and it is due to this that it has more of a community, personal feel to it.



Coles Croydon has also been a valued Community Partner providing support to our club throughout the year.

Putting all the events together doesn't just happen, the smooth running and the behind the scenes efforts in putting it all together every week is due to the teamwork of a great committee and volunteers.

I would like to thank the committee: Gavin Ross, Sue Ross, Michael Baldwin, John Kingma, Terry Wynne and Kevin Hare for their hard work and valuable support.

A special thank you to Cathy McDonald for coaching and mentoring our juniors and to Kelly Ross for coaching our Netballers.

Also a special thank you to our volunteers; Leanne Baldwin, Sheridan Hackett, Jeremy Zandt, Carolyn Walker, Pauline Ryan, Natalie & Rick Wheeler and Diana & Dean Amato for their support.

As we continue to grow, so has our reputation as a respected, fair and well organised club which is something we should all be proud of and continue to embrace.

Finally, I would like to recognise our Life Members: Frank Sullivan, Ian Barnes, Clinton Fullgrabe, Bill Fry, Greg Hay, Damien Kilner, Luke Dawson, Steve Zaresky, Liam Hescroff, Adam Law, Jeremy Zandt, Jaren Hare, Trevor Finch, Michael Ross, Gavin & Sue Ross, Tom Raisbeck.

And finally, don't forget to support our end of year and pre-season events... keeping fit, have fun and staying in touch.

On behalf of our committee, thank you for your support to the Spiders, your involvement is the key to our success.

Paul House, Chairman

2018 in Review; Football



Another season has drawn to a close and as I once again reflect on the season that was, I also look back over my coaching time and think about how the team has dealt with the ups and downs of the competition; from premierships to battling to field a team.

Whilst it has been a challenging period, I quickly move to the new season as that is all the matters to the Spiders players, and reflection is retained to history and discussion over a drink - soft of course...

This year's preseason saw 12 Spiders attend weekly boxercise training sessions at MVC Boxing. These focussed on fitness, agility and reflex. At the end of each of the 40 minute sessions the guys were spent, but beaming having enjoyed every minute of the training. Ultimately the sessions ended up with some sparing which the guys also loved.

As we now look to the off-season, I highly recommend that we get as many Spiders players as possible to attend these sessions, and perhaps a few parents also! We anticipate them commencing in October.

Our Sunday preseason sessions started early February and saw more than 20 players regularly attend the weekly training as we prepared ourselves for pending season. As it turned out, in Division 2 we faced two strong and disciplined teams who dominated the competition. Therefore we had to manage many one-sided games.

But I have come to respect the players as they faced each and every game as an opportunity to win or at least learn and become better, and when we did lose or didn't play as well as we would have liked, we accepted the result, regrouped at training with enthusiasm and spirit and set our sights on the next game. Well done all.

Pleasingly, regardless of how the season panned out, we had 28 players giving there all on the training track week in, week out and fighting it out on game day. I am proud of them all. During our recent semi-final, even though the result was pretty much a-given that we wouldn't win, a run of several goals during the third quarter had the guys pumped and excited at three-quarter time, it was as if they had a win in their own small way.

To train, play and enjoy the mateship that the Ringwood Spiders provides, and to see these guys grow in confidence and develop new skills, is what's it's all about. Sure everyone likes to win, but that's not what life is always about; it's not winning, it's participating, developing, and learning. And our guys have excelled at all of those, and we can all learn something from them.

So I congratulate all the Spiders 2018 players.

As usual there are a number of factors that play their part in a season; injuries, availability, and significantly for us this year; Special Olympics commitments which was a challenge at times.

It was also challenging to manage the players some weeks as there would be up to eight on the bench. It's not great having to do this, but once again the team

understood that game time was going to be limited. These factors also impacted the team structure, with players being asked to play in positions they weren't accustomed to, however to their credit once again they accepted the challenge and fought the games out.

I am proud that we are able to provide a safe environment for these guys to socialise, train, play football – the game they love, and feel part of a team environment.

To come into the rooms after a win, the passion, excitement and camaraderie they have as they sing the team song is obvious.



While I don't normally single players out, I do want to make a special mention of Michael Kirdy who is our third player to come through our Juniors program. Michael has had a great year and even snapped a couple of goals. He is young and will develop into a very fine player. He follows in the footsteps of Hamish who also had a great year and continued his development.

Many thanks to the committee, in particular Sue & Gavin Ross who organise the team lists and wash and prepare the jumpers and shorts; hours of work that is easily taken for granted.

Special thanks to my coaching staff; John Kingma and Jeremy Zandt for supporting the team, as well as Paul and Gavin who took training on Wednesday nights.



Also thanks to Heath who is new to the Spiders and came down to offer his help at training; I'm sure he enjoyed being part of this special group. Thanks also to the water carriers for your support throughout the year; especially Carolyn for all the help she provides. To Pauline and new helper in Sheridan for your support attending to any medical issues also.

I know the guys will be looking forward to the off-season activities and preseason in 2019, so once again thanks to everyone who make the Ringwood Spiders.

Michael Baldwin, Football Coach

Netball

The Eastern All-Abilities Netball competition has continued its success with the support of SportLink for our regular Friday night games and Vermont South Special School for our Monday night training sessions. The program is all about participation, enjoyment and skill development.

There have been many highlights this year and as all-abilities netball is growing throughout the State, more opportunities have arisen. As such, we have entered into several all-abilities netball tournaments which provided a stimulus for the players and which everyone enjoyed participating.

In March we played in the Doncaster & Districts All-Abilities Netball Tournament. We played five rounds, each of two ten minute halves. We won all five and the Semi Final but unfortunately lost in the Grand Final. It was a great effort though.

In June we played the Drouin & Districts All-Abilities Netball Tournament. It was also five rounds with a bye. We won all





four rounds and the Semi Final and this time had a win in the Grand Final. It was a great reward for the hard work and effort put in by all. Congratulations.

Another Doncaster & Districts All-Abilities Netball Tournament will be held in September which the team is looking forward to with renewed confidence.

Once again our netball players will be participating in the Netball Victoria All-Abilities State Titles in October. This year it will be held at the State Netball Hockey Centre and we will compete under the region of Chisholm. We wish everyone good luck.

Congratulations to Stephanie Weller and Grace Dean who have been chosen for the Marie Little OAM Shield (All-Abilities Victorian State Team) and will compete in Queensland on the weekend of 6th & 7th October. This is a great achievement and we wish them both all the best.

Eastern All-abilities Netball has grown and we now have three teams playing round-robin games in our Friday competition. Kelly, Jeanette and I each coach a team, and as mine wear blue bibs we are known as The Smurfs!

I would like to thank Kelly Ross and Jeanette Hodges for giving there time up each week and for their work at the tournaments and State titles.

We will have a separate netball trophy presentation at the end of the year, but have seven of our foundation players here with us tonight and we thank them for their continued support: Megan, Stephanie, Amy, Michael, Tara, Shannon and Kristen.

Kelly and I would just like to say a big thank you to you all.

Sue Ross, Netball Coordinator

Junior Development Squad



What a great year we've had in the Juniors. We have had the most Juniors participate since the program's inception in 2009, plus there have been many siblings joining in, as well as just about every parent getting involved and helping also.

There has been a real sense of community.

For many parents, having a child with a disability can be a lonely place, but it doesn't have to be and it's inclusive programs such as the Juniors that not only help the children, but help the parents also, as they realise they are not alone and it is ok for their child to be a bit different or have special needs.

As with last year, we once again pooled resources with Vermont South Special School to conduct our Juniors program. Under the wonderful guidance of Cathy McDonald, who we sincerely thank, the program covered all facets of skill develop-

ment, while still kicking a few goals. There were also plenty of laughs along the way!

Cathy structures the program and each week focuses on a particular skill; ball handling, kicking, handball, marking, etc.

This year, Cathy had the assistance of Matt Lynton who she is mentoring in coaching. Our thanks to Matt who did a great job and is keen to continue next year.

Even though our sessions were at Vermont South Special school due to the Jubilee Park redevelopment, we were able to have a home game curtain raiser on the new Jubilee Park. Still crazy as ever, it was good fun and helps connect the Juniors with the rest of the club.

Thanks to the generous support of Doug and Kathi Barnard at Printer Services, we were able to provide each Junior with a Spiders polo shirt and backpack.

This is important for giving the kids a sense of being part of something bigger and belonging.

We were also successful in receiving tickets to a Hawthorn vs Essendon game at the MCG recently. A few Juniors came along also, all of whom had never been to an AFL game or the MCG. One parent had never been to an AFL game either and was just amazed. Problem was, she decided to support Hawthorn and her son Essendon. Yes it ended in tears for one of them...

To finish the year we once again held a family fun day and barbeque at Vermont South Special School recently. We presented the participants with their trophies, of which they were all very proud and returned to school the following Monday for a proud display at show-and-tell!

The feed-back from parents has been very heart-warming and makes us proud to be



offering this program. Such an example is:

'thanks for making my kids happy and I wish if next year you can do it for 4 terms and make it longer. Because as my children have disabilities it's not easy to find a place suitable for them and guys like you to understand them and teach them. Thanks for everything and making the kids happy.'

Sums it up really...

Thanks Cathy, Matt and all the parents, it was great fun.

Gavin Ross, Juniors Coordinator



Our Thanks; EFL Umpires



Most people that attend a footy game take the umpires for granted – until they don't agree with an umpiring decision that is...

However, the reality is that football cannot exist without them, and the work that goes in behind the scenes to ensure the 100s of footy games played each week around the State, is a credit to the many dedicated people that make up the umpiring fraternity.

It's not just at the top level that these people give up their time as the EFL Umpires Association (EFLUA) is an example of this dedication.

Since 2006, the EFLUA have been supporting the Spiders. Back then, umpiring in the Football Integration Development Association (FIDA), in which the Spiders competed, was average to say the least. That's not a criticism, just the way it was.

Most games were umpired by someone from around the home team club.

The only experience many had was to be willing to give it a go. But the EFLUA wanted to branch out and support the community and the relationship has grown since. We are extremely proud of the relationship we have with the EFLUA. Our home games have been the benchmark for years and it is due to the wonderful support of the EFLUA who donate their time.

It goes beyond just umpiring a game, as we use this to teach our players what umpiring is about so they can appreciate just what a difficult task it is. We're sure the umpires get just as much out of it as our players, as many keep coming back.

Fast forward to 2018 and things are on the improve as AFL Victoria has taken over the running of the FIDA competition, which

is now known as VFFL (Victorian FIDA Football League) and is the State body for All-abilities football.

While the umpiring standard has improved considerably, no one still comes close to the EFL Umpires who still deliver the highest level of quality and professionalism when umpiring Spiders games.

Ours remain the only games within the VFFL featuring a full complement of umpires; field (usually two), goal and boundary, and are the only games where the game day ball is presented to a Best-on-ground player by the umpires – even if they're not a Spider!

Congratulations to Adam Johnson, Michael Ross and Jordan Wynne who were this year's Best-on-ground winners; Jordan twice!

This is entirely due to the support the EFLUA bring, which is voluntary by the individual umpires who often then go to their day job at an EFL game.

But there's more. For the second year, the Spiders have joined with the umpires at a training session and stayed on for a barbeque afterward. Yes umpires train!

It is a great night with many of the younger umpires conducting drills that Spiders players participate in. Ruck contests, set-shot goal kicking, boundary throw-ins; all the plays where umpires and players

interact. It is a great initiative and one we intend to continue to develop into the future. It has given our guys a great understanding and appreciation.

It is enlightening for the Spiders players to witness the amount of work and the



incredible amount of planning and coordination it takes to field umpires to the 120 or so games that are played within the EFL each week.

The EFLUA is also working with the VFFL on ways to improve the umpiring standards across the competition and invite other umpiring associations to get on-board and support their local VFFL clubs. That way the competition as a whole can improve which ultimately improves the participation for everyone.

Our sincere thanks to Trevor Finch and all the umpires that have supported us this year; many of whom are with us tonight.

Sponsors; Making it Possible

Our Sponsors and Community Partners continue to provide the support and funding needed to keep the club running. Without them, we could not do what we do.

Please support them whenever you can.

LJ Hooker Real Estate



LJ Hooker has once again committed to be our Major Sponsor for 2019.

They have more than 80 years experience in the real estate market and is one of the largest real estate agency franchise systems in Australasia.

LJ Hooker has more than 80 years experience in the real estate market and is one of the largest real estate agency franchise systems in Australasia, with 700 franchises across Australia and New Zealand.

If you are in the market for a home or rental, we encourage you to speak with the LJ Hooker team as they are the experts in real estate and offer a number of competitive services; and don't forget to tell them your part of the Spiders.

Printer Services



printerservices

Doug and Kathi from Printer Services have been supporters of the Spiders for more than eight years, and we truly thank them. Printer Services is able to assist individuals and companies small and large with laser printer sales, service and repairs.

Do you run a business? Are you after a laser printer for your home office? If so Printer Services is ideally positioned to be able to offer the best service, support and advice. Give them a call on 1300 138 066.

Bendigo Bank, East Ringwood & Heathmont



The ongoing support provided by use of the community bus has been invaluable, as it allows the team to travel to away games as a group, which is important in team and friendship development.

Being a Community Bank means profits are returned to the community.

So if you're looking to open an account or want help with a loan or mortgage, let the Bendigo staff you're with the Spiders, as that helps us also.

Maroondah City Council



Of course we would not be here without the support of everyone at Maroondah Council who have been with us since our inception in 1992. Council's professionalism and support is greatly appreciated. We thank the Mayor, Councillors and the wonderful staff for their support.

Dee Ryall MP



Dee is our local State Member for Parliament. Dee has been a Spiders supporter for many years and has is also continuing her support for which we offer sincere thanks.

Michael Sukkar MP



Our local Federal Member for Parliament, Michael has also been a Spiders supporter for several years and has continued his support again for another year, which we offer sincere thanks.

Simultech Australia



Simultech Australia

One of our players parents asked if there was a way in which their company could help out; was there something needed.?- For a few years now we had the plan to get each player a training top in the Spiders colours and with the assistance of Simultech we have been able to achieve this. On behalf of all our players, a big thank you.

Around the Club



We started our off-season activities in October last year with a nine week boxing/ exercise program conducted by MVC boxing. It is a great program and one everyone enjoys; a few parents joined in also. The workout is hard with participants drenched in perspiration at session's end, but the adrenalin or something must kick in as they all have a positive feel as they have been pushed to find their best.

After the Christmas break we continued the program until the start of regular training and will commence it again in October.

A trip to Aquanation (Ringwood Pool) in November had the guys clamouring over the waterslides and enjoying the thrill they bring. I think one chairman may have also been seen on a waterslide...

It was down to business for the Preseason with boxing on a Wednesday and footy skills and training on a Sunday.

We did fit in our annual bike ride where about 20 of us rode the Dandenong Creek trail to Jells Park where we enjoyed lunch, a kick of the footy or hit of cricket.

Due to the Jubilee Park redevelopment we didn't have as many mid-year events as we would have liked, but our Family and Friends day on the new ground did take us by surprise by the numbers in attendance. With the Juniors kicking things off with a grid-game and then the seniors playing Parkside - who incidentally went on to win the Premiership - a barbeque and social gathering round off the day.

The off-season will commence in October with Boxing and a couple of social activities before Christmas.

The Christmas Barbeque and AGM will finish off the year before we do it all again in 2019!